

Start List - 2020 USATF Pacific Northwest Open & Masters Cross Country Championships

Name	Team name	Category	Age	Sex	Seed Time	Start Time
Trisha Steidl	Seattle Running Club	Masters Women (age 40+) 6k	43	Female	19:15	9:00
Danielle Henty	Club Northwest	Masters Women (age 40+) 6k	42	Female	20:00	9:00
Deborah Fletcher	Club Northwest	Masters Women (age 40+) 6k	50	Female	20:10	9:00
Flora Galloway	Seattle Running Club	Masters Women (age 40+) 6k	41	Female	21:00	9:00
Jennifer Saam		Masters Women (age 40+) 6k	46	Female	21:30	9:00
Jennifer Rozler	Seattle Running Club	Masters Women (age 40+) 6k	50	Female	22:30	9:03
Susan Pappalardo	Club Northwest	Masters Women (age 40+) 6k	54	Female	22:30	9:03
Andie Roff	Club Northwest	Masters Women (age 40+) 6k	42	Female	22:30	9:03
Sara Weelborg Gilfeather	Tacoma City Running Club	Masters Women (age 40+) 6k	46	Female	22:30	9:03
Brett Winegar	Club Northwest	Masters Men (age 40+) 6k	41	Male	16:15	9:45
Ian Fraser	Club Northwest	Masters Men (age 40+) 6k	46	Male	16:45	9:45
Adam Hewey	Seattle Running Club	Masters Men (age 40+) 6k	53	Male	20:00	9:45
Mark Drangsholt	Club Northwest	Masters Men (age 40+) 6k	62	Male	20:35	9:45
Steve Bertrand	Club Northwest	Masters Men (age 40+) 6k	65	Male	21:00	9:45
Leslie Sharpe	Club Northwest	Masters Men (age 40+) 6k	70	Male	21:20	9:48
Willie Stump	Seattle Running Club	Masters Men (age 40+) 6k	55	Male	22:00	9:48
Jim McGill	Club Northwest	Masters Men (age 40+) 6k	72	Male	24:30	9:48
Bergman Umana	Seattle Running Club	Open Men (age 18+) 10k	28	Male	22:00	9:48
Rachel Cundy	Bellingham Distance Project	Open Women (age 18+) 6k	26	Female	18:40	10:30
Trisha L Steidl	Seattle Running Club	Open Women (age 18+) 6k	43	Female	19:30	10:30
Emily Brain	Seattle Running Club	Open Women (age 18+) 6k	37	Female	19:59	10:30
Kristi Williams	Seattle Running Club	Open Women (age 18+) 6k	36	Female	20:00	10:30
Anna McConnell	Seattle Running Club	Open Women (age 18+) 6k	32	Female	22:00	10:30
Alyssa Becker	Kitsap Distance Running Club	Community Race (open to all) 4k	17	Female	18:30	12:15
Colleen Martinez		Community Race (open to all) 4k	21	Female	20:00	12:15
Charlie Martinez	Club Northwest	Community Race (open to all) 4k	16	Male	20:00	12:15
Mike Martinez	Club Northwest	Community Race (open to all) 4k	52	Male	21:00	12:15
Jackson Marti	Club Northwest	Community Race (open to all) 4k	13	Male	25:00	12:17
Timothy Joslin Sr.		Community Race (open to all) 4k	79	Male	30:00	12:17