

THE
MORAN
Constitutional
RELAY

MENU

20, 21, 22 OCTOBER 2017

FRIDAY DINNER

Spaghetti with vegan or meat marinara sauce (gluten-free pasta available)

Salad of mixed greens

French bread

Iced tea, milk, soda, lemonade (beverages available at all dinners)

SATURDAY BREAKFAST

Oatmeal bar: Oatmeal with assorted toppings (vegan)

Waffle bar (GF option available)

Bagels with assorted spreads (vegan options available)

Yogurt & Granola (GF option available)

Bacon

Fruit

Orange juice, coffee, milk, and hot chocolate

SATURDAY DINNER

Pizza (GF and vegan options available)

Salad of mixed greens

Assorted vegetables

SUNDAY BREAKFAST

The menu is the same as for Saturday Breakfast

SUNDAY POST RACE

Soup (vegan option available)

Beef stew

Assorted breads

Grilled cheese sandwiches (GF and vegan options available)