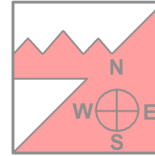




LINCOLN PARK



Cascade Orienteering Club

PO Box 31375
Seattle, WA 98103

web page: www.CascadeOC.org



5k trail run route

10k = 2 x 5k course

Shelter #5

Start & Finish

Legend:

- building, rock wall
- fence: small / uncrossable
- impassable bluff, small cliff
- paved road or area
- dirt road, vehicle track
- major footpath
- footpath: small / indistinct
- contour (2.5m), index, form line
- seasonal stream
- knoll, boulder
- depression, pit
- man made objects: large / small
- single or distinct tree, rootstock
- lake or sea, pond or pool
- settlement, out of bounds
- distinct vegetation boundaries
- open land, rough open land
- scattered trees, sandy ground
- forest: open / slow running
- forest: difficult to run / fight
- undergrowth: slow run / difficult

SCALE 1:5000

CONTOUR INTERVAL

2.5 METERS



MAGNETIC NORTH

Base Map-1920-81
 Dave enger, Richard Lacy, Debbie Newell
 Fieldwork and OCAD Version 1-Nov93
 Bill Cusworth, Eric Bone, Bruce McAlister
 OCAD-Sep97
 Peter Gold, Bill Cusworth, Don Atkinson
 Fieldwork & OCAD-Feb 98--Eric Bone
 Fieldwork-Jan00--Jim Siscoel
 OCAD-Jan00--Debbie Newell
 OCAD-Jul-Nov03--Don Denbo, Peter Golde
 OCAD-Nov06--Don Denbo

Current Version--Oct12

Scale in Meters

0 50 100 150 200 250